

March 1, 2014

Dear Swimmers,

Welcome to the **EBRPD Swim Lesson Program!** We look forward to sharing an exciting summer with you. This letter details a few suggestions to help you make the most of your experience with us.

The EBRPD Swim Lesson Program is an opportunity for students of all abilities to improve their swimming skills. Some of our students fear the water. Some have just never learned to swim. Whatever your history, we are here to help you become a more proficient swimmer.

Please arrive 10 minutes before class is scheduled to begin, especially on the first day of instruction. This will give our staff time to address any of your questions or concerns. This will also give you plenty of time to prepare for class. A smooth transition into the pool can make a huge difference!

You will need the following for class each day:

- Swimsuit and towel: showers and changing facilities are available
- Sunscreen: for effectiveness, sunscreen must be applied 15-30 minutes **before** entering the water. Follow the manufacturer's directions carefully.
- Swim cap (optional): shoulder-length or longer hair must be secured in some fashion
- Goggles (optional): try on goggles and make fit adjustments before class begins

Please sign and complete the enclosed waiver. You will need it on your first day of class. The waiver is required for participation in the program and is valid the entire 2014 season. **To bypass the parking fee, show this confirmation letter to the gate attendant when you arrive at Roberts or Contra Loma Park. To avoid a parking citation, leave this confirmation letter on your vehicle's dashboard.** In event that the facility must close due to unexpected circumstances, participants in the swim program will either be refunded by Reservations or given a make-up time on Friday if possible.

Please remember, if you miss class on the first day of a session without giving notice, your space may be filled by a student on the waiting list. Call the Roberts or Contra Loma lifeguard station to notify staff if you are unable to make the first day of lessons.

Roberts lifeguard station: 510-544-3157 Contra Loma lifeguard stations: 510-690-6626

As always, feel free to contact us with any questions or concerns. We are here to make your swim lesson experience fun and safe. Thank you for joining the EBRPD Swim Lesson Program!

We'll see you at the pool!

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Enclosures: Program Participant Waiver